

Directions: Take one capsule per day or as directed by your healthcare practitioner.

Methyl Folate™ contains Quatrefolic® – the most biologically active form of folate – allowing rapid uptake into the bloodstream.* This superior, methylated form of folate is metabolically active and ready for the body to use since it requires no additional conversion to be absorbed.* Folate is also necessary for the conversion of homocysteine to methionine.* The 5-MTHF in this formula is also known as the "L" form of 5-MTHF since it is the reduced form of folate.

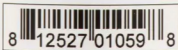
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.



PROFESSIONAL QUALITY FORMULAS

Methyl Folate™

5-MTHF

60 Vegetable Capsules
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving	% Daily Value	
Folate	800 mcg	200%
(6(S)-5-methyltetrahydrofolic acid, glucosamine salt†)		

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), rice flour, magnesium stearate, stearic acid, silica.

Manufactured for: **NuMedica® LLC**

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800.869.8100 | www.numedica.com



†As Quatrefolic® 5-MTHF. Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent number 7,947,662.



ACTIVATED
B-VITAMINS

MADE IN USA



5-MTHF
BIOLACTIC FOLATE



Gluten-Free



Vegetarian

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