

**Directions:** Take one capsule 1-2 times per day or as directed by your healthcare practitioner.

**L-Theanine** is a naturally occurring, unique amino acid found in green tea leaves. NuMedica's L-Theanine is Suntheanine® – the most respected source and the one which has been used in scientific studies. L-Theanine may promote a sense of relaxation without causing drowsiness.\* It has also been found to promote healthy cellular function and reduce feelings of stress and anxiety.\* L-Theanine may be useful in reducing the negative side effects of caffeine.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

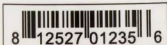
**Caution:** Keep out of reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

**This Formula Meets or Exceeds cGMP Quality Standards.**

**Does Not Contain:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

**Sourced from non-GMO ingredients.**



PROFESSIONAL QUALITY FORMULAS

# L-Theanine

Relaxation and Stress Support\*

120 Vegetable Capsules  
DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 1 Capsule

Servings Per Container 120

Amount Per Serving	% Daily Value
L-Theanine†	200 mg **

\*\*Daily Value not established.

**Other Ingredients:** Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), bamboo silica, l-leucine.

Manufactured for: **NuMedica® LLC**

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800.869.8100 | [www.numedica.com](http://www.numedica.com)

†Suntheanine® is a registered trade name for pure L-Theanine from Taiyo Kagaku Co. Ltd., Yokkaichi, Japan.

GF Gluten-Free

Vegetarian

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