

Irish Moss is an edible North Atlantic seaweed which produces a mucilaginous substance often used in cosmetics. Irish Moss is also used as a food additive and extracts are taken as a supplement due to the wide variety of vitamins and minerals contained within. Double Wood's Irish Moss is a potent 10:1 extract.\*

**Suggested Use:** Take 2 capsules per day with or without food.

**Storage:** Store in a cool, dark place. Do not freeze or expose to moisture or heat above room temperature.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# IRISH MOSS EXTRACT

**1200 mg**  
per serving

\* High In Nutrients and Minerals

**180 Capsules**  
**Dietary Supplement**

## Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 90

| Amount per Serving                                             | % Daily Value |
|----------------------------------------------------------------|---------------|
| Irish Moss Extract ( <i>Chondrus crispus</i> ) (frond) 1200 mg | †             |
| † Daily Value not established                                  |               |

**Other Ingredients:** Hypromellose (capsule) and microcrystalline cellulose.

**WARNING:** Consult your physician before use. Do not use Irish Moss Extract if you are pregnant, nursing, or under 18 years of age.

Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not use Irish Moss Extract and operate heavy machinery until you know how it affects you. Keep out of reach of children. Do not exceed 4 capsules per day.

Manufactured for:  
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