

Product Information: A conducted study published in the medical journal *Neuron* showed that magnesium L-threonate creates improvement in learning abilities, working memory and both short and long term memory. It has the same benefits as any other magnesium supplement with the addition of supporting sleep quality. It is a bioavailable form of magnesium and is easily able to cross the blood brain barrier.* Store product sealed in a cool, dry place.

Suggested Use: Take 4 capsules (2 grams) per day in divided doses as follows: 2 capsules (1 gram) should be taken in the morning, 2 capsules (1 gram) should be taken two hours before sleep. 2 capsules (1 gram) at night is recommended in the first week of taking Magtein®.

PRECAUTIONS:

- Consult your doctor if taking prescription drugs along with Magtein®.
- Not recommended for children nor women who are pregnant or breastfeeding.
- Do not use if safety seal is damaged or missing.
- Maximum dose of 6 capsules (4 grams) per day.
- Like other magnesium products, Magtein® may induce sleepiness, drowsiness or headaches. This may indicate a magnesium deficiency and is temporary. Reduce the dosage, consult a doctor and discontinue use if conditions persist for more than one week.

Magtein® is protected under US patents 8,178,118; 8,142,803; 8,163,301; and other pending patents. Magtein® is a trademark of Magneutics®, Inc. and is distributed exclusively by ADP, Inc.



X0018B2NQZ

Magnesium L-Threonate DoubleWood Supplements
New



MAGNESIUM L-THREONATE

2000 mg
per serving

- ★ A Bioavailable form of Magnesium
- ★ Supports quality of sleep and cognitive function

100 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 25

Amount per Serving	%Daily Value
Magnesium L-Threonate (Magtein®)	2000mg †

† Daily Value not established

Other Ingredients: Gelatin (capsule), Rice Flour

WARNING: Consult your physician before using this product. Do not consume more than 8 capsules per day. Do not take this product if you are pregnant, nursing, or taking any other medications. Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not take Magnesium L-Threonate and operate any heavy machinery until you know how it affects you. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for:
Double Wood LLC

3510 SCOTTS LN STE 219
PHILADELPHIA, PA 19129-1573
United States

www.doublewoodsupplements.com