

SUGGESTED USE: Take 2 capsules daily with water, or as directed by a healthcare practitioner.

CAUTION: Do not exceed recommended dose. Pregnant and nursing mothers, children under the age of 18, and individuals with a known medical condition or who are taking prescription medication should consult a physician before taking this or any dietary supplement.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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FDA
REGISTERED FACILITY



[HMSNUTRITION.COM](https://hmsnutrition.com)

SOY FREE | GLUTEN FREE | NON-GMO | DAIRY FREE | VEGAN



Calcium Magnesium D3 + K2

- ✓ Teeth & Bone Support, Health & Density*
- ✓ Supports Cardiovascular System*
- ✓ Nervous System Health*

120
Capsules

Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Amount Per Serving		% DV
Vitamin D3 (as Cholecalciferol)	25 mcg	125%
Vitamin K2 (as Menaquinone-7)	75 mcg	63%
Calcium (from Aspartate [550mg]; Orotate [500mg])	148 mg	11%
Magnesium (from Aspartate [300mg]; Oxide [250mg])	176 mg	42%

**Daily Value (DV) not established

Other Ingredients: Vegetable Cellulose Capsule

ZERO Fillers, **ZERO** Binders, **ZERO** Artificial Ingredients



Manufactured For:
HMS Nutrition LLC
501 Silverside Rd, Suite 341
Wilmington, DE 19809