



Super Supplemental

GENERAL NUTRITION SUPPORT*

*Vitamins, Minerals & Phytonutrients
with a Blend of Herbs*

Dietary Supplement
120 TABLETS



HERBAL EXPERTS *since* 1972

Recommended Use: Take 4 tablets daily with a meal. These can be taken one at a time with meals and at bedtime.

Supplement Facts

Serving Size 4 Tablet
Servings Per Container 30

Amount Per 4 Tablet	% Daily Value
Vitamin A (73% as beta-carotene, retinyl palmitate)	3280 mcg RAE 364%
Vitamin C (ascorbic acid)	500 mg 556%
Vitamin D ₃ (cholecalciferol)	15 mcg 75%
Vitamin E (d-alpha tocopheryl acetate)	72 mg 480%
Thiamin (B ₁ , thiamine mononitrate)	25 mg 2083%
Riboflavin (vitamin B ₂)	20 mg 1538%
Niacin (niacinamide)	60 mg NE 375%
Vitamin B ₆ (pyridoxine HCl)	30 mg 1765%
Folate	332 mcg DFE 83% (200 mcg as folic acid)
Vitamin B ₁₂ (cyanocobalamin)	100 mcg 4167%
Biotin	300 mcg 1000%
Pantothenic Acid (d-calcium pantothenate)	150 mg 3000%
Choline (bitartrate)	16 mg 3%
Calcium (dicalcium phosphate, citrate, amino acid chelate)	400 mg 31%

Iron (ferrous fumarate)	28 mg	156%
Phosphorus (dicalcium phosphate)	220 mg	18%
Iodine (potassium iodide)	200 mcg	133%
Magnesium (oxide, amino acid chelate)	400 mg	95%
Zinc (gluconate)	30 mg	273%
Selenium (amino acid chelate)	100 mcg	182%
Copper (gluconate)	2 mg	222%
Manganese (amino acid chelate)	3 mg	130%
Chromium (amino acid chelate)	100 mcg	286%
Potassium (citrate)	100 mg	2%

Herbal and Protector Shield® Proprietary Blend	288 mg	†
Inositol, p-aminobenzoic acid (PABA), antioxidant fruit blend (white grape, apple, pear, orange, pineapple, cherry, strawberry, blueberry), dandelion root, alfalfa aerial parts, asparagus stem, broccoli flowers, cabbage leaf, hesperidin bioflavonoid extract, lemon bioflavonoid extract, rutin, rose hips, sodium copper chlorophyllin, kelp leaf and stem, lutein, cranberry fruit, mangosteen fruit, carrot root, spinach leaf and stem, tomato fruit, lycopene, açai berry, pomegranate fruit extract, L-leucine, L-lysine, L-valine, L-isoleucine, L-phenylalanine, L-threonine, L-arginine, L-methionine, L-tyrosine, L-cysteine		

†Daily Value not established.

Other Ingredients: Cellulose, vegetable stearic acid, vegetable magnesium stearate, silicon dioxide.

Bottle made from 100% post consumer recycled material.

We are committed to you and our planet. Scan to learn more.



Do not use if inner seal is missing or damaged.

WARNING: Accidental overdose of iron - containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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