Solstic®
ENERGY

Supplement Facts

Serving Size 1 Packet (4 g)
Servings Per Container 30

Amount Per 1 Packet		%Daily Value*
Calories	10	
Total Carbohydrate	3 g	1%
Dietary Fiber	1 g	4%
Thiamin (B1, thiamine mononitrate)	1.5 mg	125%
Riboflavin (B2)	1.7 mg	131%
Niacin (niacinamide)	20 mg	125%
Vitamin B6 (pyridoxine hydrochloride)	2 mg	118%
Vitamin B12 (cyanocobalamin)	6 mcg	250%
Pantothenic Acid (d-calcium pantothenate)	10 mg	200%
Potassium (bicarbonate)	80 mg	2%

*Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: scFOS (short-chain fructooligosaccharides), citric acid, natural fruit flavors (lemon, mandarin, orange and pineapple), natural citrus sweetener, guarana seed extract (Paullinia cupana), Korean ginseng root extract (Panax ginseng), malic acid, silicon dioxide, stevia leaf extract (Stevia rebaudiana), grape skin extract (Vitis vinifera), green tea leaf extract (Camellia sinensis).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

RECOMMENDED USE:
Use product as a temporary source of energy. Mix the contents of one Solstic® Energy packet into 14-16 oz. of cold water once daily.

This carton is sealed for your protection. Do not use if seal is missing or damaged. Natures Sunshine uses natural source materials that are subject to color variation.

Store in a cool, dry place. Avoid high temperature and humidity.

Nature's Sunshine Products, Inc.
Spanish Fork, Utah 84660
(800) 223-8225 / naturessunshine.com

Stock No. 6521 / 010121

We are committed to you and our planet. Soon to look more. Please recycle this carton.

All Day Energy

Solstic® Energy contains natural ingredients that help energize your body. Solstic Energy may help reduce fatigue, increase mental focus and boost metabolism. Solstic Energy provides a quick pick-me-up when you need an extra boost and supplies energy and focus for physical activity.*

CLARITY & FOCUS* | ENERGY & STAMINA* | FAT BURNING*

Warning: Too much caffeine may cause nervousness, irritability, sleeplessness, and occasional rapid heartbeat. Not recommended for use by children under 18 years of age.

NATURES SUNSHINE

Solstic®
ENERGY

NATURAL POWER BOOST*

NEW LOOK! SAME GREAT PRODUCT

NUTRITIONAL DRINK MIX

With B Vitamins, Guarana & Korean Ginseng

30 STICK PACKS
DIETARY SUPPLEMENT
4g Each / 0.14oz • Net Wt. 120g (4.23 oz)

HERBAL EXPERTS *since* 1972

Vitamin Complex

All Solstic® Nutritional Drink Mixes are formulated especially for your active lifestyle. They are conveniently packaged for easy on-the-go nutrition. Best of all, they're sweetened with Stevia!

GUARANA SEED EXTRACT
natural, non-jittery caffeine source to help energize your body, mobilize fat stores to be used as fuel, and increase exercise endurance and stamina.*

B VITAMINS
help convert macronutrients into energy, reduce tiredness and fatigue, and support mental sharpness and cognition.*

KOREAN GINSENG
improves mental sharpness and cognition.*

GREEN TEA LEAF EXTRACT
a good source of antioxidants.*