

Solstic®

CARDIO

Supplement Facts

Serving Size 1 Packet (10.8 g)	
Servings Per Container 30	
Amount Per 1 Packet	%Daily Value*
Calories 30	
Total Carbohydrate 4g	1%
Vitamin D (D ₃ , cholecalciferol) 50 mcg	250%
Vitamin K (K ₂ , menaquinone-7) 25 mcg	21%
L-Arginine 5g	†
Proprietary Blend 775 mg	†
L-Citrulline, Grape Skin Extract (Vitis vinifera), Taurine, Pomegranate Fruit Juice Concentrate (Punica granatum), L-Isoleucine, L-Leucine, L-Methionine, L-Tyrosine, L-Threonine, N-Acetyl-L-Cysteine, L-Glutamine, Acetyl L-Carnitine, Resveratrol.	
*Percent Daily Values are based on a  †Daily Value not established.	

Other Ingredients: Citric acid, natural flavors (strawberry,
lemon), malic acid, natural citrus sweetener, silicon dioxide,
stevia leaf extract (Stevia rebaudiana), silicon dioxide.



RECOMMENDED USE:
Mix the contents of one Solstic®
Cardio packet into 14-16 oz. of
cold water once daily.

This carton is sealed for your protection. Do not
use if seal is missing or damaged. Nature's
Sunshine uses natural source materials that are
subject to color variation.

Store in a cool, dry place.
Avoid high temperature
and humidity.



Nature's Sunshine Products, Inc.
Spanish Fork, Utah 84660
(800) 223-8225 / naturesunshine.com
Stock No. 6520 / 01021

We are committed to you and our
planet. Scan to learn more.
Please recycle this carton.



*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

An Easy Way to Care for Your Heart*

Solstic Cardio contains 5 grams of L-arginine
per serving in a blend of vitamins, amino acids
and other ingredients that contribute to
cardiovascular and immune health. In the body,
L-arginine is converted to nitric oxide (NO),
which causes relaxation of blood vessels and
regulates blood vessel tone and flexibility.
L-citrulline is added to prolong the action of
L-arginine in the nitric oxide pathway.*



CLARITY &
FOCUS*



BONE HEALTH
& CALCIUM
ABSORPTION*



IMMUNITY*



HEART HEALTH*

Precautions: Consult your physician prior to use if you have a
preexisting medical condition including: myocardial infarction
(heart attack), cardiovascular disease or diabetes, or take
medications for any reason including erectile dysfunction. Not
recommended for use in children or pregnant or lactating women.



Solstic®

CARDIO

CARDIOVASCULAR HEALTH*

NEW
LOOK!
SAME GREAT
PRODUCT

NUTRITIONAL DRINK MIX

With L-Arginine, Resveratrol,
Vitamins K2 and D3 & Amino Acids

30 STICK PACKS

DIETARY SUPPLEMENT

10.8g Each / 0.38oz • Net Wt. 324g (11.4 oz)



Full Body Benefits

All Solstic® Nutritional Drink Mixes are
formulated especially for your active lifestyle.
They are conveniently packaged for easy
on-the-go nutrition. Best of all, they're
sweetened with Stevia!

L-ARGININE & L-CITRULLINE

provide powerful antioxidant benefits and may
support cardiovascular health.*

RESVERATROL

supports nervous and cardiovascular systems.*

VITAMIN K2

contributes to bone health and density; supports
vascular health.*

VITAMIN D3

helps maintain normal calcium and phosphorus
levels in the blood; supports bone and immune
health.*

POMEGRANATE

helps protect cardiovascular system.*

AMINO ACID BLEND

provides nutrition directly to muscles including
myocardial tissue.*

HERBAL EXPERTS *since* 1972