



Bottle made from 100% post consumer recycled material.



We are committed to you and our planet. Scan to learn more.



**Recommended Use:** Take 1 tablet daily with a meal.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Magnesium is a macro mineral involved in dozens of functions throughout the body, including nervous system support, bone and muscle structure, and intestinal health.\*

Do not use if inner seal is missing or damaged.

# Magnesium



**NERVOUS SYSTEM SUPPORT\***

Dietary Supplement  
**180 TABLETS**



## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 180

Amount Per 1 Tablet	%Daily Value	
Calcium (dicalcium phosphate)	40mg	3%
Phosphorus (dicalcium phosphate)	30mg	2%
Magnesium (oxide, amino acid chelate)	250mg	60%

†Daily Value not established.

Other Ingredients: Cellulose, vegetable stearic acid, vegetable magnesium stearate, magnesium silicate, Kelp leaf and stem (*Ascophyllum nodosum* and *Laminaria digitata*), Licorice root (*Glycyrrhiza glabra*), Peppermint leaf (*Mentha x piperita*), and White Willow bark (*Salix alba*).



Stock#  
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