

90 VegCaps



SOLARAY[®]

DIETARY SUPPLEMENT

ONCE DAILY

Woman

multivitamin

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Folate intake should not exceed 125% of the DV (1000 mcg) for pregnant women. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or poison control center immediately.

Directions: Use only as directed. Take one VegCap daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 VegCap

	Amount Per % Daily Serving	Daily Value*
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Vitamin A (as Natural Beta Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid, Rose Hips, Acerola Cherry)	100 mg	167%
Vitamin D (as Cholecalciferol) (D-3)	1,000 IU	250%
Vitamin E (as Natural-source d-Alpha Tocopheryl Succinate)	60 IU	200%
Vitamin K	80 mcg	100%
Thiamine (as Thiamine Mononitrate) (B-1)	5 mg	333%
Riboflavin (B-2)	5 mg	294%
Niacin (as Niacinamide) (B-3)	20 mg	100%
Vitamin B-6 (as Pyridoxine HCl)	5 mg	250%
Folate (as Folic Acid)	800 mcg	200%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin	1,000 mcg	333%
Pantothenic Acid (as Calcium Pantothenate)	10 mg	100%
Calcium (as Calcium Ascorbate ^{TM**})	10 mg	1%
Iron (as Ferrous Fumarate)	18 mg	100%
Iodine (Potassium Iodide)	150 mcg	100%

Other Ingredients: Vegetable Cellulose Capsule, Magnesium Stearate, Silica, Sodium Alginate, Pea Starch, Cellulose and Tricalcium Phosphate.

****AspartateTM** denotes Aspartate, Citrate, Orotate.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by Nutraceutical Corp.

www.nutrafamily.com

Comments or Questions:

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