

DIRECTIONS:

- Adults 18 and over, take one scoop per day added to 8 fl oz of water or your preferred beverage. Mix thoroughly.
- For best results, we recommend you store BIOHM at room temperature.

Warnings: As with any dietary supplement, consult your healthcare provider before using this product especially if you are pregnant, nursing, or otherwise under medical supervision. **Keep out of reach of children.**

TAMPER EVIDENT: Do not use if any part of this package is torn, open, or damaged.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

QUESTIONS? CONTACT US:
Visit us at BIOHMHealth.com

B I O H M

**SUPER REDS
WITH PROBIOTICS**
1 BILLION ACTIVE CULTURES

10.6 OZ 300 G • 30-DAY SUPPLY
DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Scoop (10 g)

Servings Per Container: 30

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Calories	40	Superfood Boost Blend	1,100 mg **
Total Carbohydrate	10 g 4%	Agar Juice Powder* (Fruit), Turkey Tail	
Dietary Fiber	3 g 11%	Mushroom* (Trametes versicolor; Fruiting	
Total Sugars	7 g	Bodies), Cordyceps Powder* (Fruiting Bodies)	
Sodium	75 mg 3%	Digestive Blend	310 mg **
Potassium	50 g 1%	Apple Pectin,	
Phytonutrient Blend	4,100 mg **	Buckwheat Powder,	
Beet (Root), Sweet Potato (Root),		Quinoa Seed Powder,	
Cabbage (Leaf)		Chia Seed Powder	
Antioxidant Blend	3,440 mg **	BIOHM Probiotic Blends†	117 mg **
Pomegranate Juice Powder* (Fruit), Tart		B. breve	(1 Billion CFU)
Cherry Extract* (Whole Fruit), Grape Seed		L. rhamnosus	
Extract*, Blueberry Powder* (Fruit),		S. boulardii	
Cranberry Powder* (Fruit), Raspberry		L. acidophilus	
Powder* (Fruit), Strawberry Powder* (Fruit)		Amylase	

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established *Organic ingredient

Other Ingredients: Monk Fruit Extract, Citric Acid, Pomegranate Flavor.

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