



Bottle made from 100% post consumer recycled material.



We are committed to you and our planet. Scan to learn more.



**Recommended Use:** Adults: Take 3 capsules daily with a meal.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NOTICE: This product contains cascara sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because cascara sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medication, or have a medical condition.

Do not exceed recommended dose.  
Not for long-term use.

Do not use if inner seal is missing or damaged.



# Herbal Pumpkin



**INTESTINAL CLEANSE\***

*Contains Herbs Traditionally Used to Support the Digestive System\**

Dietary Supplement  
**100 CAPSULES**



## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 33

**Amount Per 3 Capsules**

Proprietary Blend	1470 mg†
Pumpkin Seeds ( <i>Cucurbita pepo</i> )	
Black Walnut Hulls ( <i>Juglans nigra</i> )	
Cascara Sagrada Bark ( <i>Rhamnus purshiana</i> )	
Chamomile Flowers ( <i>Matricaria recutita</i> )	
Mullein Leaves ( <i>Verbascum thapsus</i> )	
Marshmallow Root ( <i>Althaea officinalis</i> )	
Slippery Elm Bark ( <i>Ulmus rubra</i> )	

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water).



Stock#  
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HERBAL EXPERTS *since* 1972

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