

SUGGESTED USE: As a dietary supplement, take two (2) tablets a day.

CAUTION: Keep out of reach of children. Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner. Store in a cool dry place.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by:  **AwesomeAbs4Life**

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AWESOME ABS

Contains Lycopene

Complete Multi Vitamin

60 Tablets

Supplement Facts

Serving Size 2 Tablets
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as acetate)	8,000 IU	160%
Vitamin B1 (as thiamin HCl)	4 mg	267%
Vitamin B2 (as riboflavin)	4 mg	235%
Vitamin B3 (as niacinamide)	40 mg	200%
Vitamin B5 (as calcium D-pantothenate)	20 mg	200%
Vitamin B6 (as pyridoxine HCl)	6 mg	300%
Vitamin B12 (as cyanocobalamin)	36 mcg	600%
Vitamin C (as ascorbic acid)	180 mg	300%
Vitamin D (as cholecalciferol)	800 IU	200%
Vitamin E (as d-alpha tocopheryl acetate)	90 IU	300%
Folic Acid	800 mcg	200%
Biotin	60 mcg	20%
Calcium (as citrate, carbonate)	440 mg	44%
Magnesium (as oxide)	240 mg	60%
Zinc (as oxide)	50 mg	333%
Selenium (as selenomethionine)	200 mcg	286%
Copper (as sulfate)	4 mg	200%
Manganese (as sulfate)	4 mg	200%
Potassium (as chloride)	200 mg	6%
Lycopene	600 mcg	†

† Daily Value not established.

Other Ingredients: Aerosil, silica, primelose, microcellulose crystal, stearic acid and magnesium stearate.