

Selenium Food Complex™ delivers easily digested and highly active probiotic selenium as well as 9 free-radical scavenging herbs cultured for optimal effectiveness.

♦ **Probiotic Nutrients™**, exclusively from **New Chapter®**, are created by the two-stage culturing activity of organic *Saccharomyces cerevisiae* and three species of *Lactobacillus*: *acidophilus*, *bifidus*, and *rhamnosus*. These beneficial probiotics culture the Selenium, organic milled soy, and food concentrates, creating 100% whole-food complexed nutrients that are remarkably easy to digest and utilize, while simultaneously offering naturally occurring phytonutrients such as soy isoflavones, beta glucans, bioflavonoids, glutathione, lipoic acid, and enzymes.

Caution: As with any dietary or herbal supplement, you should advise your health care practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your health care practitioner prior to using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by
NEW CHAPTER, INC.

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Certified Organic by
International Certification Services, Inc., Medina, ND, USA
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0683-A01-02

Please recycle this bottle after use.


NEWCHAPTER
Organics®



SELENIUM FOOD COMPLEX™

*Nature's Cell Protective Mineral
in its Most Active Form**

- The premier mineral for normal cell growth and enhanced detoxification*
- Delivers selenium within the infinite complexity of food

90 Tablets DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet Servings per container 90

One tablet contains	%DV	One tablet contains	%DV
Probiotic Nutrients™ ♦		Ginger (<i>rhizome</i>) 1.6 mg 2 mg*	
Selenium † 200 mcg 286%		hydroethanolic extract and	
Organic Cultured Herbal Extracts (Proprietary Blend)		0.4 mg organic supercritical extract	
Antioxidant Response † 47 mg*		Turmeric (<i>rhizome</i>) 1.6 mg 2 mg*	
[Cinnamon (<i>bark</i>) ‡, Fenugreek (<i>seed</i>) ‡,		hydroethanolic extract and	
Oregano (<i>leaf</i>) ‡, Cumin (<i>seed</i>) ‡,		0.4 mg organic supercritical extract	
Coriander (<i>seed</i>) ‡, Rosemary (<i>leaf</i>) ‡, Clove (<i>bud</i>) ‡,			
Allspice (<i>berry</i>) ‡, Peppermint (<i>leaf</i>) ‡]			
Superfoods™ & Spices (Proprietary Blend)			
Organic Nutritional Yeast 100 mg*			
(autolyzed yeast ‡, milled rice ‡, sea salt)			
Organic Spinach (<i>leaf</i>) 62 mg*			
Organic Blueberry (<i>fruit</i>) 38 mg*			

• Daily Value not established

‡ Organic

† Nutrients are cultured in organic media that may contain: organic milled soy, organic yeast (*Saccharomyces cerevisiae*), organic maltodextrin, organic gum acacia, enzymes, and *Lactobacilli* (*L. acidophilus*, *L. bifidus*, *L. rhamnosus*).

Other ingredients: Organic gum acacia, silica, organic pre-gelatinized maize starch, lac resin, and carnauba wax.

Contains: Fermented soy. Naturally gluten free. 100% vegetarian; no artificial flavors or colors.

Suggested Use: One tablet daily. Can be taken anytime, even on an empty stomach.