

THE SOURCE

- Full Spectrum of Active Constituents
- Grown & Processed in the USA
- Purity Assured
- Freeze Dried to Preserve Nutrients
- Bioavailable, Heat Activated
- Optimized, Peak Life Cycle Selection
- P Value® Certified for Maximum Growth

*From the Forest,
to our Farm, to You™*



HOST DEFENSE® STAMETS 7®

Paul Stamets designed this blend of seven mushroom species to support general immunity.* Many use Stamets 7® as a general tonic for maintaining peak performance and health.*

HOST DEFENSE® ORGANIC MUSHROOMS™

STAMETS 7®

MADE WITH
U.S. GROWN
ORGANIC
MUSHROOMS



DAILY IMMUNE SUPPORT*

DIETARY SUPPLEMENT
60 Vegetarian Capsules



P A U L S T A M E T S

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving

Royal Sun Blazei (<i>Agaricus brasiliensis</i>) mycelium ‡	143 mg ‡
Cordyceps (<i>Cordyceps sinensis</i> s.l.) mycelium ‡	143 mg ‡
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡	143 mg ‡
Maitake (<i>Grifola frondosa</i>) mycelium ‡	143 mg ‡
Lion's Mane (<i>Hericium erinaceus</i>) mycelium ‡	143 mg ‡
Chaga (<i>Inonotus obliquus</i>) mycelium ‡	143 mg ‡
Mesima (<i>Phellinus linteus</i>) mycelium ‡	143 mg ‡

‡Daily value not established ‡Certified Organic

Other ingredients: freeze-dried myceliated brown rice ‡, Pullulan (an extra-cellular polysaccharide)

Grown and distributed by
**Fungi Perfecti, LLC, PO Box 7634,
Olympia, WA 98507 USA**
Toll Free: 877-504-6926
HOSTDEFENSE.COM

Certified Organic by the
Washington State
Department of Agriculture.



Directions for use: As a dietary supplement, take 2 capsules once per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. Consult your healthcare advisor regarding the use of this product during pregnancy. Keep out of reach of children.

ABOUT THE FOUNDER



*Paul
Stamets*

believes in the
power of Mycelium,

the network of thread-like cells that produces mushrooms. Mentored by the greatest mycologists of our time, he integrates and expands upon the knowledge of our ancestors.

Host Defense® Stamets 7® uses activated, freeze-dried, Certified Organic mycelium, with a full spectrum of constituents: polysaccharides (beta glucans, arabinoxylane, glucose, xylose, galactose and cordycepic acid), glycoproteins, ergosterols, triterpenoids and other myco-nutrients, which are essential for *Supporting Natural Immunity*.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.