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The Power of Mushroom Mycelium

Mushroom mycelium is Earth's natural internet. This network of threads permeates soil and plants throughout the world, supporting the health of our ecosystem, culminating in the formation of mushroom fruiting bodies. REISHI Mushroom Mycelium

supports immune functions, cardiovascular health, and the body's adaptability to stress. * Freeze drying ensures optimized health-supporting power! *

Paul Stamets

Grown Under the Direct Supervision of Paul Stamets, D.Sc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOST DEFENSE *Mushrooms*

REISHI

Mushroom Mycelium Powder



Supplement Facts

Serving Size: Level 1/2 tsp (1.5 g)
Servings Per Container: About 66

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	5	Reishi	1.5 g †
Total Carbohydrate	1 g <1%*	(Ganoderma lucidum s.l.) mycelium ‡	
Vitamin D	3 mcg 15%	polysaccharides 825 mg	

*Percent Daily Values are based on a 2,000 calorie diet †Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice ‡

Grown & distributed by Fungi Perfecti, LLC, PO Box 7634, Olympia, WA 98507 USA Toll Free: 877.504.6926 HostDefense.com



U.S. GROWN • FREEZE-DRIED • HEAT TREATED

CARDIO & LONGEVITY*

Dietary Supplement
Net Wt 3.5 oz (100 g)

Certified organic by the Washington State Department of Agriculture

Suggested Use: Adults take 1/2 tsp, 1-3 times per day, which can be mixed into your favorite food or beverage.



NPGL100G Rev A1