

THE SOURCE

- Full Spectrum of Active Constituents
- Grown & Processed in the USA
- Purity Assured
- TRIPLE Extracted
- Optimized, Peak Life Cycle Selection
- P Value® Certified for Maximum Growth

*From the Forest,
to our Farm, to You™*

Directions for Use:

As a dietary supplement, take 1 mL twice per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. Consult your healthcare advisor regarding the use of this product during pregnancy. Keep out of reach of children.

HOST DEFENSE®

ORGANIC MUSHROOMS™

MYCOMMUNITY® EXTRACT

**MADE WITH
U.S. GROWN,
TRIPLE EXTRACTED
ORGANIC MUSHROOMS**



COMPREHENSIVE IMMUNE SUPPORT™

DIETARY SUPPLEMENT
2 Fluid Ounces
(60 Milliliters)



PAUL STAMETS

Supplement Facts

Serving Size: 1 mL Servings Per Container: 60

Amount Per Serving

Proprietary Blend	1 mL ‡
Agarikon (<i>Fomitopsis officinalis</i>) mycelium ‡ **	
Maitake (<i>Grifola frondosa</i>) mycelium ‡ **	
Chaga (<i>Inonotus obliquus</i>) mycelium ‡ **	
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡ **	
Cordyceps (<i>Cordyceps sinensis</i> s.l.) mycelium ‡ **	
Zhu Ling (<i>Polyporus umbellatus</i>) mycelium ‡ **	
Birch Polypore (<i>Piptoporus betulinus</i>) mycelium ‡ **	
Royal Sun Blazei (<i>Agaricus brasiliensis</i> f. blazei) mycelium ‡ **	
Enokitake (<i>Flammulina velutipes</i>) mycelium ‡ **	
Mesima (<i>Phellinus linteus</i>) mycelium ‡ **	
Split Gill Polypore (<i>Schizophyllum commune</i>) mycelium ‡ **	
Turkey Tails (<i>Trametes versicolor</i>) mycelium ‡ **	
Lion's Mane (<i>Hericium erinaceus</i>) mycelium ‡ **	
Reishi (<i>Ganoderma lucidum</i> s.l.) fruitbodies ‡ ***	
Maitake (<i>Grifola frondosa</i>) fruitbodies ‡ ***	
Amadou (<i>Fomes fomentarius</i>) mycelium ‡ **	
Artist's Conk (<i>Ganoderma applanatum</i> s.l.) mycelium ‡ **	
Oregon Ganoderma (<i>Ganoderma oregonense</i> s.l.) mycelium ‡ **	
Shiitake (<i>Lentinula edodes</i>) mycelium ‡ **	

**extract of fresh mushroom mycelium

***extract of dried mushroom fruitbodies

‡Daily value not established †Certified Organic

Other ingredients: water, alcohol † (alcohol content: 30–40%), myceliated brown rice †

Grown and distributed by
Fungi Perfecti, LLC,
PO Box 7634,
Olympia, WA 98507 USA
Toll Free: 877-504-6926
HOSTDEFENSE.COM

Certified Organic by
the Washington State
Department of Agriculture.



ABOUT THE FOUNDER



Paul Stamets

believes in
the power

of Mycelium, the network of thread-like cells that produces mushrooms. Paul wants everyone to share in the benefits from the Host Defense® line of products. Mentored by the greatest mycologists of our time, he integrates and expands upon the knowledge of our ancestors.

HOST DEFENSE® MYCOMMUNITY™

MyCommunity is the 17 species Host Defense formula originally created by Paul Stamets—the most comprehensive Host Defense extract formula for Supporting Natural Immunity.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.