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Keep Your Mental Edge*

Mental energy is a driver of our daily success.

BRAIN ENERGY naturally supports your ability to keep your mental edge. * The freeze-dried mycelium of "the smart mushroom" (Lion's Mane), is blended with

Paul Stamets

Yerba Mate and Eleuthero to promote brain function with a boost of energy to help you through the day.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: Adults take 1 tsp. 1-2 times per day, which can be mixed into your favorite food or beverage

HOST DEFENSE *Mycobotanicals*

BRAIN ENERGY

*For Optimized Mental Focus and Clarity**

Lion's Mane • Yerba Mate • Eleuthero

Dietary Supplement

Net Wt 3.5 oz (100g)



Supplement Facts Servings: About 33 Serving size: 1 level tsp. (3 g).
Amount per serving: Calories 5, Total Carb. 1g (<1% DV*)

Lion's Mane (*Hericium erinaceus*) mycelium‡ 1.5g†, Yerba Mate (*Ilex paraguariensis*) leaf‡ 750mg†, Eleuthero (*Eleutherococcus senticosus*) root‡ 750mg†

* Percent Daily Values are based on a 2,000 calorie diet

†Daily value not established ‡Certified Organic

Other ingredients: mycellated brown rice‡

Grown & distributed by Fungi Perfecti, LLC, PO Box 7634, Olympia, WA 98507 USA. Toll Free: 877.504.6926 HOSTDEFENSE.COM

Certified Organic by the Washington State Department of Agriculture
NP8E100G REV A1