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NPHE100G
Rev A2

The Power of Mushroom Mycelium
Mushroom mycelium is Earth's natural internet. This network of threads permeates soil and plants throughout the world, supporting the health of our ecosystem, culminating in the formation of mushroom fruiting bodies. LION'S MANE Mushroom Mycelium promotes cognitive functions affecting mental clarity, focus and memory.* Freeze drying ensures optimized health-supporting power!*

Paul Stamets

Grown Under the Direct Supervision of Paul Stamets, D.Sc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



U.S. GROWN • FREEZE-DRIED • HEAT TREATED

HOST DEFENSE® *Mushrooms*

LION'S
MANE



Mushroom Mycelium Powder

MENTAL CLARITY & FOCUS*
Dietary Supplement
Net Wt 3.5 oz (100 g)

Supplement Facts

Serving Size: Level 1/2 tsp (1.5 g)
Servings Per Container: About 66

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	5	Lion's Mane	1.5 g †
Total Carbohydrate	1 g <1%*	(<i>Hericium erinaceus</i>) mycelium ‡	
		polysaccharides	825 mg

*Percent Daily Values are based on a 2,000 calorie diet †Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice ‡

Grown & distributed by Fungi Perfecti, LLC, PO Box 7634, Olympia, WA 98507 USA Toll Free: 877.504.6926 HostDefense.com

Certified organic by the Washington State Department of Agriculture

Suggested Use: Adults take 1/2 tsp. 1-3 times per day, which can be mixed into your favorite food or beverage.

