



Bottle made from 100% post consumer recycled material.



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Recommended Use: Take 1 capsule with a meal three times daily.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

5-HTP (5-hydroxytryptophan) is a precursor to serotonin. Adaptogenic herbs may enhance its beneficial effects.*

Pregnant or lactating women should consult their health care provider prior to taking this supplement. Contact your health care provider if taking any prescription drug. Do not use this product for more than three months without taking a 2-week rest.

Do not use if inner seal is missing or damaged.

5-HTP Power[®]



MOOD SUPPORT*

*Supports Healthy Appetite & Sleep**

Dietary Supplement
60 CAPSULES



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 1 Capsule

Vitamin B ₆ (pyridoxine HCl)	3 mg	176%
Zinc (gluconate)	3 mg	27%
5-HTP (hydroxytryptophan)	35 mg	†
Proprietary Blend	306 mg	†
Eleuthero Root (<i>Eleutherococcus senticosus</i>)		
Ashwagandha Root (<i>Withania somnifera</i>)		
Suma Bark (<i>Pfaffia paniculata</i>)		

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water), vegetable magnesium stearate.



Stock#
2806
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HERBAL EXPERTS *since* 1972

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