Adults and children 12 or more years of age: 1/4 tsp.* in water 1-3 times daily. If taking Gentle Birth, decrease dose to 1/8 tsp.* in water 1-3 times daily. (*) 1/4 tsp. = approximately 2 full droppers. Shake well before use.

Store out of reach of young children. Store in a dry, cool place. If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.

Best before: see expiration date, marked with "exp". Dietary supplements/food supplements should not be used as a substitute for a varied diet. Do not exceed the stated recommended

daily dose.

Nominal weight: 120 g These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Manufactured and distributed by: Mountain Meadow Herbs

Supplement Facts

Serving Size: 1/4 teaspoon Servings per Container:

1/4 teaspoon contains % DV US/EU** Proprietary blend of extracts 1.25 ml +

Daily Value not established

*% DV = % Daily Value

Ingredients: vegetable glycerine, distilled water, approx. 5% organic grain alcohol, Bayberry bark.

Bilberry leaf, Bilberry fruit. Made in the USA

Vari-Plex

Vein Support

Herbs®

Mountain

Meadow

4 fluid oz. / 120 ml

Inc., PO Box 9227, Kalispell, MT 59904, USA

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Dietary Supplement/Food Supplement

Distribution in Europe: Dr. Clark Zentrum Limited, 152 Naxxar Road #7, SGN 9030 San Gwann, Malta,