

Adults and children 12 or more years of age : 1/4 teaspoon* in water 1-3 times daily. (*) 1/4 teaspoon = approximately 2 full droppers. **Not suggested for pregnant or nursing women. Shake well before use.**

Store out of reach of young children. Store in a dry, cool place.

If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Best before: see expiration date, marked with „exp“.

Dietary supplements/food supplements should not be used as a substitute for a varied diet. Do not exceed the stated recommended daily dose.



Nominal weight: 120 g

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured and distributed by:

Mountain Meadow Herbs Inc., PO Box 9227, Kalispell, MT 59904, USA

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www.mountainmeadowherbs.com

3 in 1 Formula

Joint & Muscle Support

4 fluid oz/120 ml

Dietary Supplement/Food Supplement

Supplement Facts

Serving Size: 1/4 teaspoon

Servings per Container: 96

1/4 teaspoon contains % DV US/EU**

Proprietary blend of extracts 1.25 ml †

† Daily Value not established

*% DV = % Daily Value

Ingredients : vegetable glycerine, distilled water, approx. 5% organic grain alcohol, Stinging Nettle leaf, Devil's Claw root, Olive leaf, Yucca root, Horsetail herb, Oatstraw herb, Skullcap herb, Barberry root bark, Bilberry fruit, Cayenne fruit, Licorice root, St. John's Wort herb, Cornsilk herb, Chamomile flower, Blue Vervain and/or European Vervain herb.

Made in the USA.

Distribution in Europe : Dr. Clark Zentrum Limited, 152 Naxxar Road #7, SGN 9030 San Gwann, Malta.

