

LECHITA® is designed to support your natural milk production* with ingredients that have been traditionally used amongst lactating women all around the world.



fennel

FUN FACT

Flasks of fennel tea are common in German postpartum floors.



Share your journey!

@legendairemilk



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www.fenugreekfree.com

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

LEGENDAIRY *Milk*

LECHITA®



- + Made with Organic Herbs
- + Promotes Milk Flow*
- + Digestive Support for Mom/Baby*
- + Contains Fennel Seed, Anise Seed and Other Supportive Herbs*

DIETARY SUPPLEMENT

10-DAY SUPPLY / 60 VEGETARIAN CAPSULES

Suggested Use: Take 2 capsules 3 times daily. Take with food and drink to thirst.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Proprietary Blend	1,060 mg	**
Organic Fennel (<i>Foeniculum Vulgare</i>) Seed*		
Organic Anise (<i>Pimpinella Anisum</i>) Seed*		
Organic Goat's Rue (<i>Galega Officinalis</i>) Herb*		
Organic Caraway (<i>Carum Carvi</i>) Seed*		

*Certified Organic Ingredient **Daily Value (DV) not established.

Other Ingredients: Vegetarian Capsule (Pullulan)

MANUFACTURED FOR LEGENDAIRY MILK, LLC
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Certified Organic by QAI

HEADS UP MAMA!

Not for use during pregnancy. Keep away from children.
Store in cool, dry place. May lower blood sugar - if you are diabetic or hypoglycemic, consult with your doctor before use.
Hypersensitivity, such as allergy, may occur; in which case, discontinue use. Take with food and stay hydrated.

