

Since



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Magnesium Glycinate 400

DIETARY SUPPLEMENT

2
Daily

400 mg Magnesium
Soy Free, Dairy Free, Vegan

180 TABLETS

Clear
Quality™



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take 2 tablets daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	<1%†
Dietary Fiber	<1 g	4%†
Magnesium (as Magnesium Glycinate)	400 mg	95%

†Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Cellulose, Stearic Acid, Silica and Magnesium Stearate.

Discussion: KAL® Magnesium Glycinate 400 tablets offer 400 mg Magnesium per serving in the preferred Glycinate form. Magnesium is involved in over 300 enzymatic reactions in the body and provides nutritive support for normal, healthy muscle function.

Gluten Free, Soy Free, Dairy Free, Vegan, Non-GMO

ActivTab™ technology guarantees tablet disintegration within 30 minutes according to USP standards.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Comments or Questions:

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