



Suggested Use
As a dietary supplement, mix 1 serving (2 scoops) in a shaker cup with 12-16 oz. of water or your favorite beverage. For optimal results, consume within 20 minutes after exercise.

ABOUT HOME MADE

HOME MADE IS PREMIUM WHOLEFOOD MEAL REPLACEMENT POWDER THAT GIVES YOU THAT WARM FEELING OF BEING IN GRANDMA'S KITCHEN. WE CREATED HOME MADE TO PROVIDE YOU WITH A NATURALLY FLAVORED, GREAT TASTING, HEALTHY BALANCED MEAL THAT IS EASY TO DIGEST WITH OUR PATENT DIGESEB DIGESTIVE ENZYME BLEND. EACH FULL SERVING OF HOME MADE PROVIDES 48 GRAMS OF HIGH-QUALITY PROTEIN, 46G OF CARBOHYDRATES AND A DOSE OF HEALTHY FATS. IF YOU ARE LOOKING FOR A MRP THAT GIVES YOU THE NUTRIENTS NECESSARY TO RECOVER AND REPAIR YOUR MUSCLE, THEN HOME MADE IS THE WAY TO GO!

WARNING: Consult with a physician prior to use if you have a medical condition. Don't use if pregnant or lactating.
KEEP OUT OF REACH OF CHILDREN.
KEEP CONTAINER TIGHTLY CLOSED IN A COOL, DRY AND DARK PLACE

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured specifically for Axe & Sledge Supplements
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MEAL REPLACEMENT MADE WITH REAL WHOLE FOODS

HOME MADE

FOR THE HARDEST WORKERS IN THE GYM

48g protein

46g carbs

6g total fat

25 servings

DOUBLE
CHOCOLATE
BROWNIE



NET WT. 6.5 LBS.
(2,950g) (104.05oz)

Supplement Facts

Serving Size: 2 Scoops (118g)

Servings Per Container: 25

	Amount Per Serving	%DV
Calories	420	
Total Fat	6g	10%
Saturated Fat	2g	10%
Cholesterol	36mg	12%
Total Carbohydrate	46g	16%
Dietary Fiber	10g	40%
Total Sugars	3g	**
Protein	48g	
Vitamin A	4,512 IU	90%
Calcium	234mg	24%
Iron	4mg	22%
Magnesium	50mg	12%
Sodium	300mg	13%
Potassium	536mg	15%

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Whole Grain Oat Flour, Home Made Protein Recipe (Whey Protein Isolate, Whey Protein Concentrate, Brown Rice Protein, Egg White Powder, Beef Protein, Pea Protein), Sweet Potato, Soluble Fiber Glucose Polymer Complex (Fibersol®-2), Cocoa Powder, Natural Flavors, Medium Chain Triglycerides (75%), Sodium Chloride, Sucralose, Gum Blend (Gum Acacia, Guar Gum, Xanthan Gum), DigeSEB™, a Proprietary Enzyme Blend: (Amylases, Lactase, Proteases, Lipase, Cellulase), Organic Chicken Broth Powder.

Contains: Milk and Soy

