

**FOR THE
HARDEST
WORKERS**
IN THE GYM

Suggested Use
As a dietary supplement, mix
1 serving (2 scoops) in a
shaker cup with 12-16 oz.
of water or your favorite
beverage. For optimal results,
consume within 20 minutes
after exercise.

ABOUT HOME MADE

HOME MADE IS PREMIUM WHOLE FOOD MEAL REPLACEMENT POWDER THAT GIVES YOU THAT WARM FEELING OF BEING IN GRANDMA'S KITCHEN. WE CREATED HOME MADE TO PROVIDE YOU WITH A NATURALLY FLAVORED, GREAT TASTING, HEALTHY BALANCED MEAL THAT IS EASY TO DIGEST WITH OUR PATENT DIGESEB DIGESTIVE ENZYME BLEND. EACH FULL SERVING OF HOME MADE PROVIDES 48 GRAMS OF HIGH-QUALITY PROTEIN, 46G OF CARBOHYDRATES AND A DOSE OF HEALTHY FATS. IF YOU ARE LOOKING FOR A MRP THAT GIVES YOU THE NUTRIENTS NECESSARY TO RECOVER AND REPAIR YOUR MUSCLE, THEN HOME MADE IS THE WAY TO GO!

WARNING: Consult with a physician prior to use if you have a medical condition. Don't use if pregnant or lactating.

KEEP OUT OF REACH OF CHILDREN.
KEEP CONTAINER TIGHTLY CLOSED IN A COOL, DRY AND DARK PLACE

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured specifically for Axe & Sledge Supplements
1909 New Texas Road, Pittsburgh, PA 15239
(888) 944-6612 | www.axeandsledge.com

AXE & SLEDGE
SUPPLEMENTS

MEAL REPLACEMENT MADE WITH REAL WHOLE FOODS

HOME MADE

FOR THE HARDEST WORKERS IN THE GYM

48g protein

46g carbs

6g total fat

25 servings

**BLUEBERRY
MUFFIN**



NET WT. 6.23 LBS.
(2,825g) (99.68oz)

Supplement Facts

Serving Size: 2 Scoops (113g)
Servings Per Container: 25

	Amount Per Serving	%DV
Calories	420	
Total Fat	6g	10%
Saturated Fat	2g	10%
Cholesterol	36mg	12%
Total Carbohydrate	46g	16%
Dietary Fiber	10g	40%
Total Sugars	3g	**
Protein	48g	
Vitamin A	4,512 IU	90%
Calcium	234mg	24%
Iron	4mg	22%
Magnesium	50mg	12%
Sodium	300mg	13%
Potassium	536mg	15%

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Whole Grain Oat Flour, Whey Protein Isolate, Whey Protein Concentrate, Sweet Potato, Soluble Fiber Glucose Polymer Complex (Fibersol®-2), Brown Rice Protein, Egg White Powder, Natural Flavors, Beef Protein, Pea Protein, Medium Chain Triglycerides (75%), Sucralose, Gum Blend (Gum Acacia, Guar Gum, Xanthan Gum), Sodium Chloride, DigeSEBTM, a Proprietary Enzyme Blend: (Amylases, Lactase, Proteases, Lipase, Cellulase), Organic Chicken Broth Powder.

Contains: Milk and Soy



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