

Valerian Root is traditionally used to help calm the mind in preparation for a refreshing, restful night's sleep.†

SUGGESTED USE:

Take 30 drops (about 1 dropperful) 1-3 times per day or as needed, in water, juice, tea, or directly in mouth.

Organic • Vegan • Non-GMO
Gluten Free • Kosher

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



#14420 • L19

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Superfoods to nourish your life.

ORGANIC GF V NON-GMO

VALERIAN LIQUID DROPS

RESTFUL SLEEP SUPPORT†



1 FL. OZ
(30 mL)

HERBAL SUPPLEMENT

Supplement Facts

Serving Size: 30 Drops (1 mL)

Servings Per Container: About 30

Amount Per Serving	% DV
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Organic Valerian Extract (root) (1:2) (from 500 mg root)	1 mL *
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*Daily Value (DV) not established.

OTHER INGREDIENTS: ORGANIC GLYCERIN, DEIONIZED WATER.

MANUFACTURED EXCLUSIVELY FOR:
BAREORGANICS® • 9160 E. BAHIA DR.
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www.bareorganics.com

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Department of Agriculture

**WARNING: KEEP OUT OF REACH
OF CHILDREN.**

SHAKE WELL BEFORE USING.

