

hank & brian's™ mighty multi-vite!

Dietary Supplement
120 VEGGIE CAPSULES

SUPPLEMENT FACTS

Serving Size: 4 Veggie Capsules Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene - 7,500 IU)	2,250 mcg 250%
Vitamin C (from Ca, Mg, and K ascorbates)	250 mg 278%
Vitamin D-3 (as Cholecalciferol - 800 IU)	20 mcg 100%
Vitamin E (from d-alpha tocopheryl succinate - 150 IU)	100.5 mg 676%
Vitamin K (85% as phytonadione (K1) and 15% as menaquinone-7 (K2))	120 mcg 100%
Vitamin B-1 (from thiamin HCl)	25 mg 2,083%
Vitamin B-2 (as riboflavin-5'-phosphate and 50% from riboflavin)	25 mg 1,923%
Vitamin B-3 (100% as niacinamide and 17% as niacin)	60 mg 376%
Vitamin B-6 (137% from pyridoxal-5'-phosphate and 63% from pyridoxine HCl)	40 mg 2,353%
Folate (from 5-methyltetrahydrofolate Calcium)	98.0 mcg DFE 170%
Vitamin B-12 (from methylcobalamin)	200 mcg 8,333%
Biotin	500 mcg 1,667%
Pantothenic acid (from Ca pantothenate)	65 mg 1,300%
Choline (from choline bitartrate)	100 mg 18%
Calcium (from citrate and ascorbate)	100 mg 0%
Magnesium (from malate and ascorbate)	100 mg 24%
Zinc (from citrate and picolinate)	20 mg 182%
Selenium (from L-selenomethionine)	75 mcg 136%
Copper (from seabacel)	2 mg 222%
Manganese (from citrate)	5 mg 217%
Chromium (from polynicotinate)	200 mcg 571%
Molybdenum (from citrate)	100 mcg 222%
Potassium (from citrate and ascorbate)	99 mg 2%
Inositol (pure crystalline)	200 mg *
N-Acetyl-L-Cysteine (NAC)	75 mg *
Betaine HCl	50 mg *
Turmeric Root Extract (95% curcuminoids)	50 mg *
VitCane® whole grape extract (Vitis vinifera) based, skin, pulp	30 mg *
Biocecol® Spinach powder	25 mg *
Stevia Rebaudiana Leaf Extract	20 mg *
Lycopenes (from tomato fruit extract)	3 mg *
Boron (from glycinate, citrate, and aspartate)	2 mg *
Lutein (from Aztec marigold flower extract)	1 mg *
Octacosanol (from sugar cane policosanol)	250 mcg *
Vanadium (from Bis-glycinate duo vanadium)	100 mcg *

*Daily Value not established

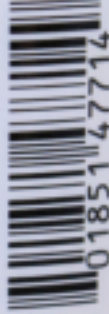
Other ingredients: microcrystalline cellulose, hypromellose (veggie caps), ascorbyl palmitate, silica, and natural vanilla flavoring.

CONTAINS NO: wheat, gluten, soy, oats, corn, barley, soy, yeast, egg, sugar, dairy products, wax, GMOs, animal fats, preservatives, coloring, or artificial flavoring.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN

DIRECTIONS: As a dietary supplement take four (4) capsules daily divided among meals, or as directed by a health-care professional.

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