

hank & brian's™

Essential Fats plus E

Dietary Supplement
180 SOFTGEL CAPSULES

Supplement Facts

Serving Size: 2 Softgel Capsule
Servings Per Container: 90

Amount Per Serving	% Daily Value
Calories	0
Calories from Fat	0
Total Fat	0.9 g
Saturated Fat	0.2 g
Vitamin E (d-alpha tocopherol - IU)	5.4 mg 100%
EPA (Eicosapentaenoic acid 20:5 omega 3) from 668 mg of purified fish oils	120 mg
DHA (Docosahexaenoic acid 22:6 omega 3) from 668 mg of purified fish oils	80 mg
GLA (Gamma Linolenic Acid 18:3 omega 6) from 150 mg of cold pressed borage seed oil	30 mg
Tocotrienols (gamma, alpha, and delta) from 50 mg of Oryza Rice Bran Oil	9.6 mg

*Percent Daily Values are based on a 2000 calorie diet.
Daily values (DV) not established by the FDA.

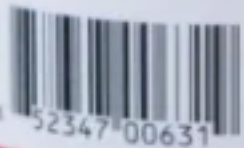
Other ingredients: gelatin (shell), glycerin (shell), and water (shell).

STORE IN A COOL, DRY PLACE
KEEP OUT OF REACH OF CHILDREN

Suggested Use: As a dietary supplement take two (2) softgel capsules three times daily with meals, or as directed by a health professional.

Does Not Contain: wheat, rye, oats, barley, gluten, soy, egg, GMOs, dairy, yeast, sugar, wax, preservatives, colorings, or artificial flavorings.

The fish oils in this product have been extracted by a special process of molecular distillation. This provides for consistency and high purity that yields insignificant amounts of PCBs, heavy metals, or oxidized contaminants. GLA from borage oil balances the omega 3 and omega 6 pathways for the production of prostaglandins in the body. The tocopherols and tocotrienols are natural Vitamin E forms contained in Oryza Rice Bran Oil and protect the polyunsaturated fats against free radical damage both inside the capsule and in the body.




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