

Best Stabilized R-Lipoic Acid contains BioEnhanced® Na-RALA, the sodium salt of R-Lipoic acid (RLA). Unlike pure RLA, BioEnhanced® Na-RALA is a stabilized form of RLA that won't degrade at high temperatures, is more bio-available than regular RLA and has no solvent residues.

Lipoic acid (LA) plays an important role in glucose metabolism and energy production. Because it is soluble in both water and fat, LA is known as the "universal antioxidant." LA occurs in two forms, designated as "R" and "S." Studies suggest that RLA, the natural form, is more biologically active than the S form.

Note: The RLA in this product is stabilized with Na (sodium). However, one serving of this product contains less than 1% of the Daily Value for sodium, an insignificant contribution to dietary sources. Research suggests that sodium may impact blood pressure in some individuals only when it is consumed as sodium chloride (NaCl, table salt) and not in other forms. The sodium in this product is unlikely to affect blood pressure levels.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured for **Doctor's Best, Inc.**  
San Clemente, CA 92673  
**(800) 777-2474** [www.drbrvitamins.com](http://www.drbrvitamins.com)

*Doctor's*  
**BEST**®

**Science-Based  
Nutrition™  
Dietary  
Supplement**



Featuring  
**BioEnhanced®  
Na-RALA**

**Best  
Stabilized  
R-Lipoic Acid**

**DEFENDS AGAINST FREE RADICALS\*  
RECYCLES THE ANTIOXIDANT VITAMINS C & E\*  
MAINTAINS A HEALTHY BLOOD SUGAR LEVEL  
AS PART OF THE DIET\***

**200 mg / 180 Veggie Caps**

**Supplement Facts**

Serving Size 1 capsule  
Servings per container 180 servings

|   | Amount per serving | % Daily Value |
|---|--------------------|---------------|
| D-Biotin  | 150 mcg            | 50%           |
| R-Lipoic acid   | 200 mg             | †             |
| <small>(from 250mg Sodium R-alpha Lipoate (BioEnhanced® Na-RALA))</small> |                    |               |

† Daily Value not established.

**Other ingredients:** Modified cellulose (vegetarian capsule), rice powder, micro-crystalline cellulose, sodium bicarbonate, magnesium stearate (vegetable source), silicon dioxide.

**Suggested Adult Use:** Take 1 to 2 capsules daily, with or without food, or as directed by a nutritionally informed physician.

**Suitable for Vegetarians**

**CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS**

BioEnhanced® Na-Rala is a registered trademark of GeroNova Research, Inc.

