



120 VEGETARIAN CAPSULES

Fiber Extract

1
Daily

DIETARY SUPPLEMENT

Chitosan 750 mg



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Not for use by pregnant or lactating women. Fat soluble vitamins, essential fatty acids and medications should be taken four hours before or after ingesting this product.

Directions: Use only as directed. Take 1 vegetarian capsule daily, 30 minutes prior to a meal. Take with 8 ounces of liquid. Store in a cool, dry place.

Supplement Facts

Serving Size 1 Vegetarian Capsule

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	3%†
Chitosan (93% deacetylated) (shellfish)	750 mg	*

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Cellulose, Magnesium Stearate and Silica.

Discussion: KAL® Chitosan is fiber derived from the nondigestible, aminopolysaccharide chitin in shellfish. Deacetylation is the process of removing acetyl groups from chitin. This enhances the activity of chitosan, making it more soluble in the stomach. Studies indicate that a diet rich in fiber may help reduce the transit time of foods in the digestive system, so less dietary fat and cholesterol are available to the system.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

California Residents Only

WARNING: Reproductive Harm - www.P65Warnings.ca.gov

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Comments or Questions:

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