

wild blueberry



CALM Magnesium

Anti-Stress Drink

MAGNESIUM GLYCINATE

Vegan | Non-GMO

Net Wt 12.7 oz (360g) | Dietary Supplement

DID YOU KNOW?

Magnesium is essential to your body's daily function, but soil depletion and food processing have reduced its availability. Stress also robs you of this important mineral and because it's used on a daily basis, it needs replenishment everyday.

Why Magnesium Glycinate?

Whether you're stuck in traffic, facing a work deadline or dealing with a cranky toddler, life can be challenging. When daily stress comes knocking, our gentle magnesium helps to soothe your nervous system and keeps you calm, centered and resilient.

NEW KAL® MAGNESIUM POWDERED DRINK MIXES

WHAT'S THE BEST MAG FOR YOU?

Heart Magnesium | Energy Magnesium
Pretty Magnesium | Calm Magnesium

The KAL® Difference

NO GUESSWORK We've got the right magnesium for you

EASY TO TAKE Dissolves quickly and gets to work

SUGAR FREE and made with real, plant-based flavors

KALmag.COM



Mfd. by Nutraceutical Corp.
KAL®
Park City, UT 84098
800-538-5888
KALvitamins.com

Directions: Use only as directed. Store in a cool, dry place. Dissolve 1 serving of powder in approx. 1/2 cup of hot water in a heat-safe glass or mug. Then fill with more warm or cold water to 1 1/2 cup (12 oz) level and stir to dissolve. Or, you can add powder directly to 1 1/2 cups water and stir a bit longer. Consume immediately.

Warning: Keep out of reach of children. Do not use if safety seal is broken or missing. Keep your licensed healthcare practitioner informed when using this product.

Supplement Facts

Serving Size 4.5 g (1 teaspoon)
Servings Per Container 80

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	2 g	
Magnesium (from Magnesium Glycinate)	325 mg	77%†

† Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Citric Acid, Natural Blueberry Flavor with Other Natural Flavors, Xylitol and Stevia (leaf extract).

CALM & BALANCED

Supports a return to calm equilibrium after occasional stress.

MUSCLE RELAXATION

While calcium activates muscles, magnesium counters, signaling them to relax.

YOUR BUSY MIND

Designed to help ease racing thoughts and restlessness while helping to soothe body and mind.

HEALTHY SLEEP CYCLE

Helps support natural sleep factors melatonin and GABA for a good night's rest.



Packaged by weight, not volume. Some settling of contents may occur.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.