



Methyl Folate

800 mcg

DIETARY SUPPLEMENT

1
Daily

L-5-MTHF
Biologically Active Folate
90 TABLETS



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take 1 tablet daily with a meal or glass of water. Store in a cool dry place.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
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Folate (as (6S)-5-Methyltetrahydrofolate, glucosamine salt) (5-MTHF)	800 mcg	200%
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Other Ingredients: Cellulose, Organic Rice Extract Blend and Silica.

Discussion: KAL® Methyl Folate contains (6S)-5-Methyl-tetrahydrofolate (5-MTHF). Folic Acid is intended to provide nutritive support for normal healthy DNA synthesis, homocysteine metabolism and cardiovascular function. Women who consume healthful diets with adequate folate may reduce their risk of having a child with birth defects of the brain or spinal cord. Folate intake should not exceed 250% of the DV (1,000 mcg) for pregnant women.

ActivTab™ technology guarantees tablet disintegration within 30 minutes according to USP standards.

Quatrefolic® is a registered trademark of Gnosis S.p.A., Patent No. 7,947,662

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Comments or Questions:

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