

with
Aloe Vera

250 VegCaps

B-Complex 50

SOLARAY®
DIETARY SUPPLEMENT



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take one VegCap daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
Thiamine (as Thiamine Mononitrate) (B-1)	50 mg	3,333%
Riboflavin (as Vitamin B-2)	50 mg	2,941%
Niacin (as Niacinamide) (B-3)	50 mg	250%
Vitamin B-6 (as Pyridoxine HCl)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
PABA (Para-Aminobenzoic Acid)	50 mg	*
Choline Bitartrate	50 mg	*
Inositol	50 mg	*

*Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Whole Food Base (Whole Rice Concentrate and Aloe Vera Gel), Magnesium Stearate and Silica.

Discussion: B-Complex vitamins are a group of important water-soluble vitamins with similar functions in the body. B-Complex vitamins help support healthy hair and skin, nerve impulse transmission, immune system function and red blood cell formation. They also work together to aid in the metabolism of carbohydrates, fats and proteins.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Comments or Questions:

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