

## ORGANIC. PROBIOTIC. WHOLE.

Perfect Energy is the ideal organic whole-food multi delivering enhanced energy, performance, and endurance.\*

Energizing herbs, such as Organic Maca, Ginseng, and Rhodiola, boost energy – without the crash of traditional stimulants – by enhancing the body's ability to adapt to stress, fatigue, and worry.\* Maintain endurance and promote recovery with a proprietary grapeseed extract that helps optimize cellular energy production.\*

Easy-to-take, easy-to-digest, and can be taken anytime – even on an empty stomach!

**Caution:** As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured by NEW CHAPTER, INC.  
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Certified Organic by International Certification Services, Inc., Medina, ND, USA  
Get the Whole Truth! Sign up for our e-newsletter at: [newchapter.com](http://newchapter.com)  
0340-01-01 Please recycle this bottle after use.



NEW

## perfect ENERGY™

Whole-Food Multivitamin for  
Balanced Energy & Endurance\*

Can be taken on an empty stomach

36 Tablets

DIETARY SUPPLEMENT

## Supplement Facts

Serving size 3 Tablets Servings per container 12

Three tablets contain	%DV	Three tablets contain	%DV
<b>Probiotic Nutrients†</b>		<b>Mixed Carotenoids †</b>	3 mg. * Herbal Blends
Vitamin A † (100% as beta-carotene)	5000 IU. 100%	[Organic Maca (root), Organic Cordyceps (mycelium), Organic Schizandra (berry) †, Organic Green Tea (leaf), Rhodiola (root), Organic American Ginseng (root) †, Organic Cardamom (seed) †]	377 mg. *
Vitamin C †	75 mg. 110%	<b>Power Energy Blend</b>	
Vitamin D3 †	1000 IU. 250%	[Indian Pink ( <i>Silene californica</i> ), Morning Glory ( <i>Pomoea purpurea</i> ), Penstemon ( <i>Penstemon davidsonii</i> ), Self-Heal ( <i>Prunella vulgaris</i> ), Zinnia ( <i>Zinnia elegans</i> )]	
Vitamin E †	30 IU. 150%	<b>Sustained Energy Support</b>	
Vitamin K1 †	70 mcg. 88%	Grapeseed Extract	300 mg. *
Vitamin K2 (MK-7)	10 mcg. 12%	Vital Rhythms Flower Essences™	20 mg. *
Thiamin-Vitamin B1 †	9 mg. 600%	[Indian Pink ( <i>Silene californica</i> ), Morning Glory ( <i>Pomoea purpurea</i> ), Penstemon ( <i>Penstemon davidsonii</i> ), Self-Heal ( <i>Prunella vulgaris</i> ), Zinnia ( <i>Zinnia elegans</i> )]	
Riboflavin-Vitamin B2 †	10 mg. 588%	<b>Herbal Extracts</b>	
Niadin †	20 mg. 150%	Turmeric (rhizome) 24 mg organic hydro-ethanolic extract and 6 mg organic supercritical extract	30 mg. *
Vitamin B6 †	10 mg. 500%	Ginger (rhizome) 8 mg hydroethanolic extract and 2 mg organic supercritical extract	10 mg. *
Folate †	400 mcg. 100%		
Vitamin B12 †	30 mcg. 500%	<b>Daily Value not established</b>	
Biotin †	300 mcg. 100%	<b>Lithothamnion:</b> ( <i>L. calcareum</i> and <i>L. corallinae</i> )	
Pantothenic Acid †	20 mg. 200%	<b>Nutrients and herbs are cultured in organic media that may contain:</b> organic milled soy, <i>Saccharomyces cerevisiae</i> (organic yeast: active and inactive), organic maltodextrin, organic gum acacia, organic orange and lemon peel – natural sources of bioflavonoids, organic carrot powder, organic alfalfa powder, <i>Lactobacillus</i> ( <i>L. acidophilus</i> , <i>L. bifidus</i> , <i>L. rhamnosus</i> ) and enzymes (deactivated).	
Calcium (from Algae †)	20 mg. 2.5%		
Iodine †	90 mcg. 60%		
Magnesium † (62% cultured, 38% from Algae †)	4 mg. 1%		
Zinc †	7.5 mg. 50%		
Selenium †	100 mcg. 143%		
Copper †	750 mcg. 37%		
Manganese †	2 mg. 100%		
Chromium †	120 mcg. 100%		
Molybdenum †	10 mcg. 13%		

Other ingredients: Organic gum acacia, silica, lac resin, carnauba wax, and sunflower oil.

Contains: Fermented soy. Naturally gluten free. 100% vegetarian; no artificial flavors or colors.

**Suggested use:** Three tablets daily. Can be taken anytime, even on an empty stomach.