



Rice Protein

100g (3.53oz)

SUPPLEMENT FACTS

Serving Size: 30 grams

Servings per container: About 3

Amount Per Serving	% Daily Value**
Calories: 116	
Total Fat 1.5 g	2%
Saturated Fat... 0 g	0%
Cholesterol 0 mg	0%
Total Carbohydrates 4.5 g	2%
Dietary Fiber... 900 mg	3%
Sugars... 0 g	*
Protein 24 g	48%
Phosphorus 151 mg	12%
Sodium 57 mg	2%
Calcium 1.6 mg	<1%

*Daily Value not established.

**Based on 2,000 calorie diet

Directions:

As a dietary supplement, mix 30 grams (about 3 heavy tbsp) into water, smoothie or shake. Stir or blend well. Individual needs will vary.

Ingredients: rice protein

Free of: Dairy, soy, yeast, gluten and corn.

Warning:

This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use.

KEEP OUT OF REACH OF CHILDREN

*These statements have not been evaluated by the Food and Drug Administration.

*This product is not intended to diagnose, treat, cure or prevent any disease.

Amino Acid Profile

(Per 30 grams)

Essential Amino Acids

Arginine	2.07 g
Histidine	0.60 g
Isoleucine	1.12 g
Leucine	2.11 g
Lysine	0.86 g
Methionine	0.53 g
Phenylalanine	1.41 g
Threonine	0.89 g
Tryptophan	0.32 g
Valine	1.56 g

Nonessential Amino Acids

Alanine	1.42 g
Aspartic Acid	2.09 g
Cystine	0.80 g
Glutamic Acid	4.35 g
Glycine	1.06 g
Proline	1.12 g
Serine	1.20 g
Tyrosine	1.39 g

Distributed Exclusively by:

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Lot Number:

Best By