

FITAID[®]

Athletic Recovery



**BCAAs, Glucosamine
CoQ10, Omega-3s**



Essential Vitamins



**Naturally Flavored
& Sweetened**



STRAWBERRY LEMONADE

40
CALORIES
PER CAN

Low Calorie
Dietary Supplement

12 FL.OZ. (355ml)

Made in the USA — with carefully selected ingredients from around the world

FITAID[®]

Supplement Facts

Serving Size: 1 Can

	Amount Per Serving	%Daily Value*
Calories	40	
Total Carbohydrate	9g	3%
Total Sugars	7g	
Includes 7g Added Sugars		14%
Vitamin C (as ascorbic acid)	23mg	25%
Vitamin D3 (as cholecalciferol)	4mcg	20%
Vitamin E (as tocopherol acetate)	15mcg	100%
Thiamin (as thiamine mononitrate)	1.2mg	100%
Riboflavin	1.3mg	100%
Niacin (as niacinamide)	16mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	1.7mg	100%
Vitamin B12 (as methylcobalamin)	9mcg	375%
Biotin	120mcg	400%
Pantothenic acid (as d-calcium pantothenate)	5mg	100%
Calcium (as calcium lactate gluconate)	20mg	2%
Magnesium (as magnesium lactate)	25mg	6%
Potassium (as potassium phosphate)	50mg	1%

Proprietary Blend 848mg**

Green tea extract (leaves), L-Arginine hydrochloride,
L-Glutamine, D-Glucosamine hydrochloride,
L-Leucine, Quercetin, L-Isoleucine, L-Valine,
Co-enzyme Q10, Turmeric extract (root),
Docosahexaenoic acid (algae)

*Percent Daily Values (DV) are based on a 2,000
calorie diet.

**Daily Value not established.

Other Ingredients: Carbonated water, Organic agave nectar, Natural
flavors, Citric acid, Malic acid, Organic stevia leaf extract (Reb A)

Manufactured for: **LIFEAID[®]** Beverage Co., LLC • (888) 558-1113
2833 Mission Street, Santa Cruz, CA 95060 • LIFEAIDBEVCO.COM

Not recommended for children or women while nursing or
pregnant. Keep out of reach of children. Consult your physician
before starting any supplement regimen.

*These statements have not been evaluated by the Food &
Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.



NO Sodium NO Sucralose NO Aspartame
Contains 45mg Natural Caffeine



Certified



Gluten-Free



Kosher



No Sodium



This product does not contain common GE genes or proteins.
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