



**NEW!**

# Women's Multi

**Complete Multivitamin**  
 Supports Healthy Hair, Skin, and Nails with Biotin\*



**100 Tablets** MULTIVITAMIN SUPPLEMENT

## Supplement Facts

Serving Size 1 Tablet		
Amount Per Serving		%Daily Value
Vitamin A (as Beta-Carotene, Vitamin A Acetate)	750 mcg	83%
Vitamin C (as Ascorbic Acid)	60 mg	67%
Vitamin D (as D3 Cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	6.7 mg	45%
Vitamin K (as Phytonadione)	25 mcg	21%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg	125%
Riboflavin (Vitamin B-2)	1.7 mg	131%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	118%
Folate 666 mcg DFE (400 mcg folic acid)		167%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	250%
Biotin (as d-Biotin)	1,500 mcg	5,000%

Amount Per Serving		%Daily Value
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	100%
Calcium (as Calcium Carbonate)	200 mg	15%
Iron (as Ferrous Fumarate)	18 mg	100%
Iodine (as Potassium Iodide)	150 mcg	100%
Zinc (as Zinc Oxide)	15 mg	136%
Selenium (as Sodium Selenite)	20 mcg	36%
Copper (as Cupric Oxide)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromium Chloride)	120 mcg	343%
Herbal Blend (Turmeric ( <i>Curcuma longa</i> ) (root), Grapeseed Extract ( <i>Vitis vinifera</i> ) Green Tea ( <i>Camellia sinensis</i> ) (leaf), Panax Ginseng Extract ( <i>Panax ginseng</i> ) (root) Pomegranate Extract ( <i>Punica granatum</i> ) (peel))	100 mg	**

\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose. **Contains <2% of:** Croscovidone, FD&C Blue #2, FD&C Red #40 Lake, Gelatin, Magnesium Silicate, Maltodextrin, Medium Chain Triglycerides, Polydextrose, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Contains fish (cod, cusk, flounder, haddock, hake, pollock, redfish, sole) ingredients.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by any persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal.  
 Carefully Manufactured by **NATURE'S BOUNTY, INC.**, Bohemia, NY 11716 U.S.A. ©2018 Nature's Bounty, Inc. Prod. No. 80489 B80880 00A

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments?  
 Call 1-800-433-2990  
 Mon. - Sat. 9 AM - 7 PM ET



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