

Fast Acting
Long Lasting
100 VegCaps

B-Complex 75

DIETARY SUPPLEMENT

TIMED RELEASE



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take one VegCap daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
Thiamine (as Thiamine Mononitrate) (B-1)	75 mg	5,000%
Riboflavin (B-2)	75 mg	4,412%
Niacin (as Niacinamide) (B-3)	75 mg	375%
Vitamin B-6 (as Pyridoxine HCl)	75 mg	3,750%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	75 mcg	1,250%
Biotin	75 mcg	25%
Pantothenic Acid (as Calcium Pantothenate)	75 mg	750%
Choline Bitartrate	75 mg	*
PABA (Para-Aminobenzoic Acid)	75 mg	*
Inositol	75 mg	*

*Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Cellulose, Whole Food Base (Whole Rice Concentrate including the Bran, Polishings and Germ, Aloe Vera Gel), Silica, Magnesium Stearate, Stearic Acid and Magnesium Oxide.

Discussion: B-Complex vitamins are a group of important water-soluble vitamins with similar functions in the body. B-Complex vitamins provide nutritive support for healthy hair and skin, nerve impulse transmission, immune system function and red blood cell formation. They also work together to aid in the metabolism of carbohydrates, fats and proteins. The two-stage, timed-release formula is designed to release half of the ingredients rapidly and the other half gradually over a period of up to 8 hours,** which may help extend the availability of these vitamins to the body over a longer period of time.

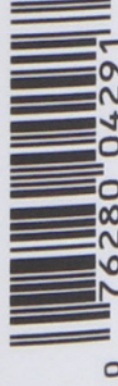
****Based on in-vitro dissolution tests designed to simulate the digestive process. Individual results may vary.**

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by Nutraceutical Corp.

www.nutrafamily.com

Comments or Questions:
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