



NATURE'S BOUNTY®

NEW!

Women's Multi 50⁺

Complete Multivitamin

Supports Healthy Hair, Skin, and Nails with Biotin*



PLUS HERBAL BLEND

80 Tablets

MULTIVITAMIN SUPPLEMENT

Prod. No. 80492 880679 00A

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene, Vitamin A Acetate)	1,050 mcg 117%	Iron (as Ferrous Fumarate)	8 mg 44%
Vitamin C (as Ascorbic Acid)	100 mg 111%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin D (as D3 Cholecalciferol)	25 mcg (1,000 IU) 125%	Magnesium (as Magnesium Oxide)	50 mg 12%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	6.7 mg 45%	Zinc (as Zinc Oxide)	15 mg 136%
Vitamin K (as Phyltonadione)	50 mcg 42%	Selenium (as Sodium Selenate)	55 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	1.1 mg 92%	Copper (as Cupric Sulfate)	0.5 mg 56%
Riboflavin (Vitamin B-2)	1.1 mg 85%	Manganese (as Manganese Sulfate)	2.3 mg 100%
Niacin (as Niacinamide)	14 mg 88%	Chromium (as Chromium Picolinate)	50 mcg 143%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg 294%	Molybdenum (as Sodium Molybdate)	50 mcg 111%
Folate	666 mcg DFE 167%	Potassium (as Potassium Chloride)	80 mg 2%
	(400 mcg folic acid)		
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2,083%	Herbal Blend	100 mg
Biotin (as d-Biotin)	1,500 mcg 5,000%	(Turmeric (<i>Curcuma longa</i>) (root), Cranberry (<i>Vaccinium macrocarpon</i>) (fruit), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Ginkgo Biloba (leaf))	"
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg 100%	Lutein	300 mcg
Calcium (as Calcium Carbonate, Dicalcium Phosphate)	250 mg 19%	Vanadium (as Sodium Metavanadate)	10 mcg

**Daily Value not established.

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** FD&C Blue #2, FD&C Red #40 Lake, Gelatin, Magnesium Silicate, Medium Chain Triglycerides, Polydextrose, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains fish (cod, cusk, flounder, haddock, hake, pollock, redfish, sole)

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by any persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN!** In case of accidental overdose, call a doctor or Poison Control Center immediately.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

Carefully Manufactured by NATURE'S BOUNTY, INC., Bohemia, NY 11716 U.S.A. ©2018 Nature's Bounty, Inc.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments? Call 1-800-433-2990 Mon. - Sat. 9 AM - 7 PM ET

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