



** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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NATURAL  VITALITY.

CALM
Osteo

PREMIUM
BONE HEALTH SUPPORT**

CALCIUM PLUS
NATURAL CALM.
MAGNESIUM

2,000 IU VITAMIN D
AND OTHER KEY
NUTRIENTS



30 fl oz (887 mL) • Liquid Dietary Supplement

Directions: Shake vigorously before taking (natural separation may occur). Mix with an equal amount of water or add to your favorite juice or smoothie. Start with 2 teaspoons of *OsteoCalm* and gradually increase to 3 teaspoons twice daily. When bowels are comfortably loose, this is the optimal amount.

Supplement Facts

Serving Size: 1 fl oz (30ml)		Servings per Container: 30
Amount per Serving		% Daily Value
Calories	29	
Total Carbohydrates	4.5 g	1.5%†
Sugars	2 g	
Vitamin A (as retinyl palmitate, beta carotene [50%])	5,000 IU	100
Vitamin C (as ascorbic acid)	240 mg	400
Vitamin D ₃ (as cholecalciferol)	2,000 IU	500
Vitamin K ₂ (as menaquinone)	90 mcg	110
Vitamin B ₆ (as pyridoxine HCl)	50 mg	2,500
Folic acid	200 mcg	50
Calcium (as calcium lactate gluconate)	500 mg	50
Magnesium (as magnesium citrate)	500 mg	130
Zinc (as zinc lactate gluconate)	10 mg	70
Manganese (as manganese gluconate)	2.5 mg	130
Potassium (as potassium citrate and sorbate)	179 mg	6
Boron (as boron citrate)	3 mg	*

* Daily Value not established

† Percent Daily Values based on a 2,000-calorie diet

Other ingredients: purified water, organic agave nectar, vegetable source glycerin, citric acid, organic orange and vanilla flavors, organic stevia extract, potassium sorbate and sodium benzoate (to preserve freshness), xanthan gum.

VEGETARIAN • GLUTEN FREE • NON-GM

Cruelty free. Allergen free. Contains no yeast, dairy, egg, wheat, sugar, starch or soy.
No artificial colors or artificial flavors.
No added fructose.

Keep tightly closed and out of reach of children.

STORE IN A COOL PLACE. REFRIGERATE AFTER OPENING.

Distributed by

NATURAL VITALITY

Life Nutrified!

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Customer service: 866-416-9216

PREMIUM BONE HEALTH SUPPORT

OsteoCALM is formulated for premium bone health support by an equal balance of calcium and magnesium to account for calcium already in most daily diets and to avoid a buildup of excess unassimilated calcium.**

Best-selling magnesium

OsteoCalm is made using award-winning *Natural Calm* magnesium, which has been the best-selling magnesium supplement in the natural products marketplace for over five years.

MADE WITH *Natural*

CALM

Key bone health nutrients**

2,000 IU of vitamin D₃, vitamin K₂, vitamin A, vitamin B₆, folic acid, vitamin C, ionic potassium, ionic zinc, ionic manganese.

Organic flavor and sweeteners

Organic orange-vanilla flavor, organic stevia and organic agave

Cautions: Do not use if tamper-evident ring or seal is broken or missing. If you're pregnant, nursing or have a pre-existing medical condition or if you take prescription blood thinners, consult your healthcare provider before taking this product. *Osteo Calm* is not intended for children. The children's magnesium-calcium product is *Natural Vitality's Kids Natural Calm Multi*.