



Sleep tonight!™

Put Stress to Rest™

- Sleep soundly, awake refreshed!*
- Valerian-free — Non-habit forming

DIETARY SUPPLEMENT

28 TABLETS

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 tablet

Amount per tablet		%DV***
Total Carbohydrate	<1 g	<1%***
Sodium	5 mg	<1%***
Stress-Reducing Proprietary Blend* ashwagandha (Withania somnifera) (Sensoril® brand) root and leaf extract standardized to contain 8% withanolides and L-theanine (Suntheanine® brand)	250 mg	**
Cortisol-Reducing Proprietary Blend* magnolia (Magnolia officinalis) bark extract standardized to contain 2% honokiol and 1% magnolol and epimedium (Epimedium koreanum) aerial part extract	225 mg	**
Phosphatidylserine	50 mg	**

***Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: dextrose, cellulose, modified cellulose gum, modified cellulose, magnesium stearate, stearic acid, titanium dioxide color, silicon dioxide, soy lecithin, vegetable glycerin, and carnauba wax.

MANUFACTURED EXCLUSIVELY BY ENZYMATIC THERAPY, INC.,
GREEN BAY, WI 54311 USA

Caution: Drowsiness may occur. Avoid driving, operating heavy machinery, or consuming alcohol while using this product. If pregnant, nursing, taking prescription drugs, or if you suffer with chronic insomnia, consult your healthcare practitioner prior to use. Keep out of reach of children.

Recommendations: For adults, one tablet before bedtime. Increase to two tablets during times of high stress. Safe for use every night.

Sensoril® is protected under U.S. Patent 6,713,092 and is a trademark of Natreon, Inc.

Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.

ETI is an FDA-registered Drug Establishment.

Contains no yeast, wheat, gluten, corn, dairy products, artificial flavoring, preservatives, or ingredients of animal origin. All colors used are from natural sources.

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Sleep tonight!™

Sleep Tonight! for a focused tomorrow.*

Rejuvenate your system while you sleep with Sleep Tonight!® This formula helps you fall asleep naturally to restore energy so you wake up at ease, alert, and in control.*

Sleep Tonight!® is clinically shown to:

- Promote deeper sleep*
- Work to reduce stress hormones after the first use*

Greet tomorrow refreshed and focused to take on the day.*

enzy.com

1.800.783.2286

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A Good Day Starts with a Good Night.
When stress occasionally keeps you awake at night, unwind with Sleep Tonight!™ stress-reducing sleep aid, and get an edge on the day ahead!*

Everyday stressors cause natural stress hormones in your body to become elevated. Sleep Tonight! helps activate your body's relaxation response to return stress hormones to healthy levels—both night and day.*

Get Results On Day One!*†

Before

61.25% reduction in stress hormone levels.*†

After

†An open label pilot study of the safety and effectiveness of a cortisol-reducing combination in healthy adults. 2006.



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