

The best-selling magnesium supplement

The Anti-Stress Drink

Natural Calm



Natural **CALM**®

The best-selling magnesium supplement

Directions: Place powder in a glass or mug; add 2–3 oz of hot water. Let it fizz, then stir until dissolved. Fill glass with warm or cold water and enjoy. You can also simply add *Natural Calm* to a glass or bottle of cold water.*

Ingredients: Ionic magnesium citrate (created from a highly absorbable proprietary blend of citric acid and magnesium carbonate).

Supplement Facts

Serving Size: 1.5 teaspoons (1 pack)

Amount per serving	% Daily Value
Magnesium 255 mg (elemental from magnesium citrate)	63

Distributed by **Natural Vitality**
Life Nutrified!

*more info at: www.naturalvitality.com

Customer service (866) 416-9216



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Natural **CALM**®

A RELAXING MAGNESIUM SUPPLEMENT

The Anti-Stress Drink™

Balances your calcium intake
Restores healthy magnesium levels

Contains 30 single-serving packs / Dietary Supplement / Net Wt. 0.12 oz (3.3 g)

