

Supplement Facts

Serving size 2 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Milk Thistle seed extract (standardized to contain 80% [200 mg] silymarin)	250 mg *
Picroliv [®] † (standardized to contain 4% [6 mg] kutkins from <i>Picrorhiza kurroa</i> rhizome extract)	150 mg *
Proprietary Hepatoprotective Compound: 450 mg Milk Thistle seed, Curcumin C3 Complex [®] † (standardized to contain 95% curcuminoids from Turmeric root extract), Turmeric root, <i>Picrorhiza kurroa</i> rhizome, Dandelion root, Beet root, Alfalfa leaf, Artichoke leaf.	
Futurebiotics BioAccelerators [™] (BioPerine [®] †, Ginger root extract, Trikatu, Digezyme [®] †, Lactospore [®] †)	23 mg *

Other Ingredients: Modified Cellulose, Cellulose, Stearic Acid, Vegetable Stearate, Geranium Oil.

Directions: As a dietary supplement, take 2 capsules daily, preferably with meals.

Do not use if you are pregnant or nursing.

Detox[™] - taking inspiration from Nature. This 100% vegetarian product has an aromatic botanical essence added, along with natural whole plant co-factors including Milk Thistle seed, *Picrorhiza kurroa* rhizome and Turmeric root. Glass packaging extends natural freshness and helps maintain potency.

Contains absolutely no added yeast, sugar, salt, starch, corn, wheat, gluten, soy, dairy, artificial colors or preservatives.

Keep out of reach of children.

† Registered trademarks of Sabinsa Corp.

Manufactured by
Futurebiotics
Hauppauge, NY 11788
www.futurebiotics.com
800-FOR-LIFE (800) 367-5433

100% Satisfaction Guaranteed

detox[™]

- ✓ Milk Thistle Extract – Nature's own clinically-studied **hepatoprotective***
- ✓ Picroliv[®]† – Standardized extract engineered to **support healthy liver function***
- ✓ **Natural co-factors** including Artichoke leaf, Turmeric root, and *Picrorhiza kurroa* rhizome

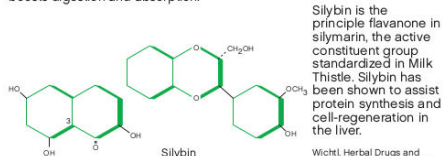
Clinical research has shown that the ingredients in Futurebiotics **Detox[™]**, including Milk Thistle extract, *Picrorhiza kurroa* extract, Artichoke leaf and Turmeric extract all help support healthy liver function by protecting the liver, stimulating and regenerating liver cells and providing antioxidant support.*

Milk Thistle extract, standardized for 80% silymarin, has been used for centuries for both digestion and liver concerns. Silymarin is a group of lignan flavonoids unique to Milk Thistle (*Silybum marianum*). Silymarin is a powerful antioxidant that research has shown protects the liver from free radicals, helps normal liver function including repair and regeneration of liver cells and is a hepatoprotectant that can protect the liver from the damaging effects of toxins.

An Ayurvedic botanical, Picroliv[®]† is standardized to contain 4% kutkins from *Picrorhiza kurroa* extract. It has been studied for its ability to stimulate normal liver function including the growth of damaged liver cells, protecting healthy cells from damage and acting as an anti-inflammatory and antioxidant.

Futurebiotics **Detox[™]** includes a proprietary hepatoprotective compound which contains complementary botanicals and whole-plant natural co-factors, including Artichoke leaf, Turmeric extract, *Picrorhiza kurroa*, Dandelion root and Alfalfa leaf, all of which have historically been used to support healthy liver function.*

Futurebiotics **Detox[™]** is potency-enhanced with **Futurebiotics BioAccelerators[™]**. Clinically-proven BioPerine[®]† (*piper nigrum* extract) improves nutrient bioavailability, while our proprietary natural compound of Ginger extract, Trikatu, super-potent Digezyme[®]† and Lactospore[®]† boosts digestion and absorption.




futurebiotics
health. nature. life.



detox[™]

daily liver support

clinically proven nutrients for
healthy liver function*

dietary supplement
60 vegetarian capsules



detox[™]

Liver Support Action Plan

The liver performs over 500 vital body functions. In addition to its critical role as a detoxifier and filter, it is also essential in digestion, energy production, and blood production. A modern diet of processed foods, exposure to environmental pollutants, excessive alcohol and medication intake, excess body weight and liver disease are all significant threats to liver health. There are a number of health strategies that can help protect, maintain and improve liver function.

Dietary

- Take Futurebiotics **Detox[™]** and a comprehensive multi-vitamin and eat a diet that emphasizes fruits and vegetables, whole grains, nuts & seeds, fish and lean meats. Include healthy fats, which contain essential fatty acids.
- Minimize or avoid fatty foods, dairy products, sugar, alcohol and processed foods that make the liver work harder.

Physical Activity

- A healthy weight can help prevent fatty liver. Excess body weight is the primary predictor of fatty liver (hepatic steatosis) caused by the accumulation of triglyceride droplets within individual liver cells.
- Get at least 30 minutes of aerobic exercise every day to help maintain an ideal body weight. Remember to stay well hydrated while exercising.

Complementary Therapies

- Short-term fasting can help the body naturally detoxify and reduce liver stress.
- Drink plenty of clean, pure water to help flush toxins from the body.

Do's and Don'ts

- To reduce the load and stress on your liver, avoid contact with environmental toxins, including cigarette smoke, whenever possible.
- In consultation with your health professional and whenever possible, limit your use of over-the-counter medications.

Measure Your Progress

Healthy liver function aids digestion and elimination, reduces bad breath and body odor, increases energy, improves skin conditions like acne and eczema and can even reduce the symptoms of PMS.

actual product size

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

100%
Recycled
Content

