



# Creatine Monohydrate

700 mg

300 Vegetarian Capsules

## SUPPLEMENT FACTS

Serving Size: 4 Capsules

Servings per container: 75

Amount Per Serving	% Daily Value**
Creatine Monohydrate... 2800mg	*

\*Daily Value not established.

\*\*Based on 2,000 calorie diet

Other Ingredients: Hypromellose Capsules

Free of: Sugar, soy, dairy, yeast, gluten or additives

### Directions:

As a dietary supplement, take 4 capsules daily, preferably before a workout or as directed by a physician. Individual needs vary greatly. Drink lots of water.

Storage: Keep dry, cool & dark

Distributed Exclusively by:

BulkSupplements.com  
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Henderson, NV 89011

### Warning:

This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use.

**KEEP OUT OF REACH OF CHILDREN!**

\*These statements have not been evaluated by the Food and Drug Administration.

\*This product is not intended to diagnose, treat, cure or prevent any disease.