



# Creatine Monohydrate

## 700 mg

**100 Vegetarian Capsules**

### SUPPLEMENT FACTS

**Serving Size:** 4 Capsules

**Servings per container:** 25

| Amount Per Serving | % Daily Value** |
|--------------------|-----------------|
|--------------------|-----------------|

|                               |   |
|-------------------------------|---|
| Creatine Monohydrate...2800mg | * |
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\*Daily Value not established.

\*\*Based on 2,000 calorie diet

**Other Ingredients:** Hypromellose Capsules

**Free of:** Sugar, soy, dairy, yeast, gluten or additives

#### Directions:

As a dietary supplement, take 4 capsules daily, preferably before a workout or as directed by a physician. Individual needs vary greatly. Drink lots of water.

**Storage:** Keep dry, cool & dark

**Distributed Exclusively by:**

**BulkSupplements.com**  
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#### Warning:

This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use.

**KEEP OUT OF REACH OF CHILDREN!**

\*These statements have not been evaluated by the Food and Drug Administration.

\*This product is not intended to diagnose, treat, cure or prevent any disease.