



Since



1932

Amino Acid Complex 1000

DIETARY SUPPLEMENT

1
Daily

1000 mg Protein
Hydrolyzed
100 TABLETS

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take 1 tablet immediately after exercise, or at bedtime, with water. Store in a cool, dry place.

Supplement Facts Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Protein	1 g	2%†
Hydrolyzed Casein (milk)	1,350 mg	*

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid, Carmellose Sodium, Silica and Magnesium Stearate.

Discussion: This formula is a source of hydrolyzed (pre-digested) protein. Hydrolyzed protein is created by "predigesting" intact proteins into a mixture of amino acids and smaller proteins. Each tablet typically may contain the following naturally occurring amino acids which may vary:

Lysine (1) 75 mg	Cysteine 5 mg
Arginine (2) 45 mg	Methionine (1) 25 mg
Tyrosine (2) 65 mg	Threonine (1) 55 mg
Tryptophan (1) 10 mg	Leucine (1) (3) 110 mg
Phenylalanine (1) 60 mg	Isoleucine (1) (3) 60 mg
Valine (1) (3) 75 mg	Glutamic Acid 270 mg
Histidine (2) 30 mg	Glycine 20 mg
Alanine 30 mg	Proline 135 mg
Serine 65 mg	Aspartic Acid 75 mg

(1) Essential Amino Acid (2) Semi-Essential Amino Acid (3) Branch Chain Amino Acid
All milligram (mg) amounts are estimated and calculated.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Comments or Questions:

KAL

Park City, UT 84098 USA

800-538-5888 www.kalvitamins.com

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