

MULTITASKING MAGNESIUM

Expertly formulated for everyday health with Magnesium bisglycinate to ensure optimal absorption. Magnesium is essential for muscle and bone health, cardiovascular support, and nerve transmission.* Also promotes calm and relaxation, with additional support from the herbal adaptogen Ashwagandha.* Full-spectrum sea-sourced Magnesium provides vital trace minerals.

[†]2.5x better absorption than the leading form as shown in preclinical lab testing on buffered Mg bisglycinate

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: TAKE ONE TABLET DAILY.

THE NEW CHAPTER* MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.

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NEW CHAPTER

EST. 1982

MAGNESIUM +ASHWAGANDHA

2.5x BETTER ABSORPTION[†] THAN THE LEADING BRAND

NUTRITION CRAFTED FOR:

Muscle, Bone, Heart & Relaxation Support*

THE MAGIC INSIDE:

Essential mineral in easy-to-absorb bisglycinate form

100% VEGAN
30
TABLETS



DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving		%DV
Magnesium (175 mg from seawater and 150 mg as TRAACS* magnesium bisglycinate chelate buffered from magnesium bisglycinate chelate and magnesium oxide)	325 mg	77%
SENSORIL® Organic Ashwagandha (<i>Withania somnifera</i>) (root and aerial parts) aqueous extract	25 mg	*

* Daily Value (DV) not established

Other ingredients: Organic gum acacia, magnesium stearate, organic brown rice, hydroxypropyl cellulose, silica and organic coating (organic maltodextrin, organic sunflower lecithin, organic palm oil and organic guar gum).

Caution: As with any dietary supplement, you should advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, consult your healthcare professional prior to using this product. Discontinue use and contact your healthcare professional if you experience a side effect or an allergic reaction. Do not exceed suggested use. **Keep out of reach of children.**

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE
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For questions or comments call 888-874-4461

Manufactured in the USA from Globally Sourced Ingredients
Certified Gluten-Free by NSF; 100% vegan; no artificial flavors or colors.

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