



Magnesium Glycinate 400

DIETARY SUPPLEMENT

1 Daily



Lemon Lime Natural Flavor

ActivMix™
INSTANT POWDER

NET WT. 9.1 oz (258 g)

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Stir 1 serving into 8-12 ounces of water daily, preferably before a meal. Use only as directed. Store in a cool, dry place.

Supplement Facts

Serving Size 5.7 g Powder (Approx. 1 round teaspoon)
Servings Per Container 45

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	3 g	1%†
Sugars	0 g	
Sugar Alcohol	1 g	*
Magnesium (from Magnesium Glycinate)	400 mg	95%

Other Ingredients: Citric Acid, Xylitol, Malic Acid, Natural Lemon & Lime Flavors with Other Natural Flavors, Silica and Stevia (leaf extract).

Discussion: Magnesium Glycinate ActivMix™ powder, with delicious lemon lime natural flavor, provides 400 mg Magnesium per serving in the preferred Glycinate form. Magnesium is intended to provide nutritive support for normal, healthy muscle function and relaxation. Vegetarian formula.

Packaged by weight, not volume. Some settling of contents may occur.

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

California Residents Only

WARNING: Reproductive Harm - www.P65Warnings.ca.gov

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Comments or Questions:

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