

Clinical Lifestyles

6 DAILY

180 TABLETS



VITA MOM™

Advanced Prenatal Formula

DIETARY SUPPLEMENT

Chelated Calcium, Magnesium & Zinc for Maximum Bioavailability with 1000 mcg Folic Acid



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Accidental overdose of iron-containing products is the leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or poison control center immediately.

Directions: Use only as directed. Before, during and after pregnancy take 6 tablets daily with a meal or a glass of water. Folate intake should not exceed 125% of the DV (1,000 mcg) for pregnant and lactating women. Store in a cool, dry place.

Supplement Facts

Serving Size 6 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	1 g	4%†
Vitamin A (100% as Natural Mixed Carotenoids [<i>Dunaliella salina</i>] and as Vitamin A palmitate)	7,000 IU	140%
Vitamin C (as Ascorbic Acid)	200 mg	333%
Vitamin D-3 (as Cholecalciferol) (D-3)	400 IU	100%
Vitamin E (as 100% Natural d-Alpha Tocopheryl Succinate) (soy)	200 IU	667%
Thiamine (as Thiamine HCl) (B-1)	7.1 mg	473%
Riboflavin (B-2)	8.5 mg	500%
Niacin (as Niacinamide) (B-3)	100 mg	500%
Vitamin B-6 (as Pyridoxine HCl)	10 mg	500%
Folate (as Folic Acid)	1,000 mcg	250%
Vitamin B-12 (as Cyanocobalamin)	90 mcg	1,500%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium Pantothenate)	50 mg	500%
Calcium (as Calcium Amino Acid Chelate)	1,200 mg	120%
Iron (as Iron Fumarate)	25 mg	139%
Iodine (as Kelp)	90 mcg	60%
Magnesium (as Magnesium Oxide, Magnesium Amino Acid Chelate)	400 mg	100%
Zinc (as Zinc Amino Acid Chelate)	25 mg	167%
Selenium (as L-Selenomethionine)	70 mcg	100%
Copper (as Copper Amino Acid Chelate)	3 mg	150%
Manganese (as Manganese Amino Acid Chelate)	7 mg	350%
Chromium (as GTF Chromium Polynicotinate [ChromMate®])	200 mcg	167%
Bioflavonoid Concentrate	20 mg	*
Peppermint Leaf (<i>Mentha x piperita</i>)	15 mg	*
Red Raspberry Leaf (<i>Rubus idaeus</i>)	10 mg	*
Ginger Root (<i>Zingiber officinale</i>)	10 mg	*
Taurine	100 mg	*

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Other Ingredients: Cellulose, Stearic Acid, Silica and Magnesium Stearate.

KAL Guarantees that NO ingredients other than those listed on this label have been added to this product.

Clinical Lifestyles™ formulas are based on the observation and research of healthcare practitioners and scientists.

ActivTab™ technology guarantees tablet disintegration within 30 minutes according to USP standards.

ChromMate® is a registered trademark of InterHealth N.L.

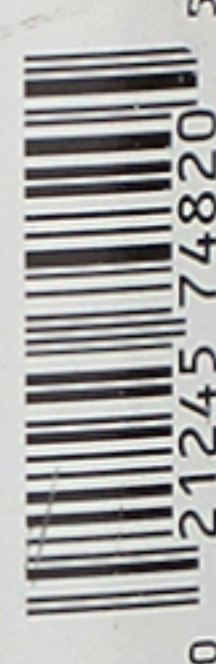
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